



VALLEY VIEW JUNIOR COUGARS FOOTBALL AND CHEERLEADING ORGANIZATION



PO BOX 56 JESSUP PA 18434

Thank you for registering your child/participant with the Valley View Jr. Cougars!

To ensure that your player has everything they need to have a successful season with the VVJC's we've made a checklist of items you should provide and listed items the VVJC's will be providing your player.

We expect all items we provide to be cared for during the season and returned in the condition close to the condition were provided to you in.

****Please note - additional items may be required during the season, coaches will notify parents****

Football equipment provided by VVJC

- Helmet
- Rib Pad Vest
- Game-Day Jersey
- Mouth Piece (must attach to helmet)
- Shoulder Pads
- Game-day Football Pants
- Game-Day Socks
- Guardian for Helmet

Football equipment provided by Parent/Guardian

- 7 Pad Girdle (this includes, knee, thigh, hip and butt pad) for practice pants
- Practice Jersey
- Cleats (no metal or screw in styles)
- Gloves (not necessary)
- Padded rib shirts (optional)

Cheer uniform provided by VVJC

- Uniform vest
- Uniform skirt
- Game-day socks
- Pom-Poms (1 pair)

Cheer equipment provided by Parent/Guardian (A preferred vendor/store will be shared so that all players match)

- Cheer sneakers
- Game-day hair bow
- Boy short
- Long sleeve crop top
- Rain jacket
- Zip up cold weather jacket
- Zip up cold weather pant